

THE FOUR POSTS OF THE BED

SINGLE JIG

TRACK 6

♩ = 119

A rare single jig which Micho Russell learned from fiddler Willie Shannon of Fisherstreet, Doolin. Transcription by Bill Ochs from track 6 of the CD *Ireland's Whistling Ambassador* by Micho Russell, available at www.pennywhistle.com. Ochs is compiling a collection of Micho's music to be published in 2002. Please e-mail info@pennywhistle.com if you wish to be notified of the book's publication.

Micho makes microtonal adjustments to the pitch of the C in this piece. Two C-naturals are used. The sharper C-natural, indicated by an arrow above the note, can be achieved by covering just the second hole of the whistle with the middle finger of the left hand. The flatter C-natural is generally fingered with the second and third holes covered. Micho often used the first fingering for *both* pitches, as well as for C-sharp. He obtained the different pitches by modulating his breath pressure. The pitch bends, indicated by the curved arrow next to the C, were also achieved by modulating the breath, not by sliding the finger.

This piece was recorded at Betrayal Studios, New York City, in November 1993. It was played on a D whistle.